



# Resveratrol

INTRODUCED 1998

## What Is It?

Resveratrol is the compound often associated with the health benefits of red wine because of its powerful antioxidant and cardioprotectant properties.\*

## Uses For Resveratrol

**Cardiovascular Health:** Resveratrol promotes cardiovascular health through its antioxidant action and its ability to maintain healthy platelet function and arachidonic acid metabolism.\*

**Antioxidant And Cellular Health:** Studies suggest that resveratrol promotes cell health by maintaining healthy enzyme function and scavenging free radicals.\*

## What Is The Source?

Pure Encapsulations Resveratrol is derived from one of the richest known sources, *Polygonum cuspidatum*, an herb utilized as a nutritional agent for centuries. It is standardized to contain 20% trans resveratrol.

## Recommendations

Pure Encapsulations recommends 1 or more capsules daily, with or between meals.

## Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

## Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

### Resveratrol

each vegetable capsule contains  **V 3**

resveratrol (*Polygonum cuspidatum*) extract ..... 200 mg.  
(standardized to contain 20% trans resveratrol).....40 mg.

**1 or more capsules per day, with or between meals.**

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

