



Cognitive Factors

INTRODUCED 2005

What Is It?

Cognitive Factors is an advanced cognitive support formulation providing a powerful combination of vinpocetine and *Ginkgo biloba*.*

Features Include

- Vinpocetine, promoting healthy blood flow, glucose transport and healthy red blood cell function in the brain. These mechanisms help maintain optimal cognitive ability. Furthermore, vinpocetine helps modulate sodium and calcium levels in nerve cells and exerts additional neuroprotective actions. In randomized, double blind trials, it has been shown to stimulate mental performance and memory.*
- *Ginkgo biloba*, providing time-tested nutritional support, enhances the flow of oxygen and blood to the brain and promotes healthy transmission of nerve impulses. Furthermore, ginkgo has the ability to support healthy capillaries and blood vessels, promote proper platelet function, and act as a free radical scavenger.*

Uses For Cognitive Factors

Healthy Cognitive Function: Vinpocetine and *Ginkgo biloba* provide complementary support for healthy blood flow to the brain, red blood cell function and oxygenation in the brain, nerve cell metabolism and neuroprotection. These activities play an important role in helping with mild memory problems associated with aging and in improving absentmindedness.*

What Is The Source?

Vinpocetine is synthetically produced from vincamine, a constituent of the leaves of *Vinca minor* (lesser periwinkle). *Ginkgo biloba* in this formula is sourced from the leaves of the ginkgo tree and standardized to contain 24% ginkgoheterosides and 6% terpene lactones. Typical levels are 1.2% ginkgolide A, 0.8%

ginkgolide B, 1.0% ginkgolide C and 2.5% bilobalides. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 1-2 capsules per day, in divided doses, with meals.


Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Mild headaches or mild stomach upset have been reported in a small number of individuals taking *Ginkgo biloba* extract.

Are There Any Potential Drug Interactions?

The use of vinpocetine and *Ginkgo biloba* may be contraindicated for individuals using aspirin, prescription blood thinners, or other medications. Please consult your healthcare professional for additional information.

Cognitive Factors

each vegetable capsule contains		V 3
vinpocetine		20 mg.
Ginkgo biloba extract (50:1)		80 mg.
(standardized to contain 24% ginkgoheterosides and 6% terpene lactones)		
(hypo-allergenic plant fiber added to complete capsule volume requirement)		
1-2 capsules per day, in divided doses, with meals.		

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

