Manufacturers of
Hypo-allergenic
Nutritional
Supplements

Cardio K/D liquid

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What Is It?

Cardio K/D liquid provides powerful support for arterial health and cardiovascular function. Each serving provides vitamin K_2, menaquinone-7 (MK-7), combined with vitamin D for synergistic support. MK-7 is found naturally in the fermented soy product natto and has unique properties compared to other forms of vitamin K. In contrast to vitamin K_1 which concentrates in bone, MK-7 concentrates in vascular tissue. It also has a much longer half-life, allowing for sustained activity.*

Uses For Cardio K/D liquid

Supports Healthy Arterial Calcium Metabolism: Vitamin K_2 MK-7 supports the carboxylation of matrix Gla-protein (MGP), a key protein involved in calcium balance. As a result, it supports healthy arterial blood flow and vascular elasticity. Two recent studies involving almost 17,000 postmenopausal women suggest that increased vitamin K_2 intake, particularly of the longer chained menaquinones like menaquinone-7 (MK-7), promotes healthy vascular calcium balance and cardiovascular function. Vitamin K_1 did not have a similar effect. Optimal serum levels of vitamin D are also important to maintain healthy calcium balance in vascular tissues, in part by supporting the activity of MGP.*

What Is The Source?

Vitamin K_2 (MK-7) is derived from natto (fermented soy) and contains casein (milk). Vitamin D_3 is derived from lanolin. Sunflower oil is derived from *Helianthus annuus* seeds. Mixed tocopherols are derived from soybean oil.

MenaQ7 is a trademark of NattoPharma, Norway.

Recommendations

Pure Encapsulations recommends 1-2 ml daily, in divided doses, with a meal.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Vitamin K may be contra-indicated for individuals on dialysis treatment. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Vitamin K supplementation may be contraindicated for those taking Coumadin/warfarin anticoagulant medication. Consult your physician for more information.

Cardio K/D liquid

1 ml (0.03 fl oz) provides V

vitamin D_3 ..... 1,000 i.u.
vitamin K_2 (MK-7) (derived naturally from natto)† .....50 mcg
Contains milk, soy
other ingredients: sunflower oil, natural vanilla flavor, mixed tocopherols

1 ml per day, with a meal.

***These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

For educational purposes only. Consult your physician for any health problems.

— Your Trusted Source —

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