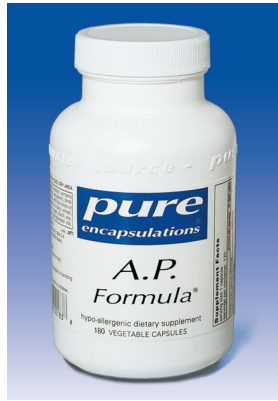




Manufacturers of
Hypo-allergenic
Nutritional
Supplements



A.P. Formula®

What Is It?

Pure Encapsulations A.P. Formula® provides a concentrated formulation of herbs to support respiratory, genitourinary and gastrointestinal tract health.*

Uses For A.P. Formula®

Optimal Gut Ecology: The herbal extracts found in A.P. Formula® have each been used for hundreds of years to help support intestinal, urinary and female reproductive tracts. Berberine is a quaternary alkaloid that may support healthy immune system function and upper respiratory tract health. Studies suggest that berberine may also promote fungal and microbial balance, as well as support healthy digestion and GI comfort. Ginger and gentian also promote healthy GI function, in part by supporting gastric juice production. Garlic and quassia extracts help to promote healthy microflora and optimal gut ecology.*

What Is The Source?

Berberine sulfate is derived from *Berberis aristata* root. Gentian extract (5:1) is derived from *Gentiana lutea* root. Garlic extract (100:1) is derived from the bulb. Ginger extract is derived from *Zingiber officinale* root and standardized to contain 5% gingerols. Quassia extract (5:1) is derived from the wood. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 2–6 capsules per day, in divided doses, just before meals, with 6–8 oz. water.

Are There Any Potential Side Effects Or Precautions?

Not to be taken by pregnant or lactating women. Some individuals taking garlic or quassia have experienced GI irritation, flatulence, nausea, vomiting, or diarrhea. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Some studies have reported that garlic and berberine can affect the way that the liver breaks down medications metabolized by the cytochrome P450 system, altering the effects of these medications and possibly the dose needed for treatment. Garlic and ginger may be contra-indicated with blood thinning medications. Individuals taking this product with anti-hypertensive medications may require blood pressure monitoring. Potassium levels may need to be monitored in individuals taking quassia with potassium depleting diuretics. Consult your physician for more information.

A.P. Formula®

each vegetable capsule contains   1

berberine sulfate	125 mg.
Gentiana lutea (gentian) extract (5:1)	50 mg.
garlic extract (100:1) (odorless).....	25 mg.
Zingiber officinale (ginger) extract	50 mg.
(standardized to contain 5% gingerols)	
quassia extract (5:1)	50 mg.
vitamin C (as ascorbyl palmitate).....	9 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)	

2–6 capsules per day, in divided doses, just before meals, with 6–8 oz. water.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.